

Week of

GRATEFUL FOR...

AFFIRMATIONS



Red rectangular box for the week of date.

Red-bordered box for gratitude notes.

Orange-bordered box for affirmations.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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S

M.E.A.L.S. grid for Sunday

M.E.A.L.S. grid for Monday

M.E.A.L.S. grid for Tuesday

M.E.A.L.S. grid for Wednesday

M.E.A.L.S. grid for Thursday

M.E.A.L.S. grid for Friday

M.E.A.L.S. grid for Saturday

Large yellow grid for Sunday

Large yellow grid for Monday

Large yellow grid for Tuesday

Large yellow grid for Wednesday

Large yellow grid for Thursday

Large yellow grid for Friday

Large yellow grid for Saturday

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H.U.S.T.L.E. grid for Sunday

H.U.S.T.L.E. grid for Monday

H.U.S.T.L.E. grid for Tuesday

H.U.S.T.L.E. grid for Wednesday

H.U.S.T.L.E. grid for Thursday

H.U.S.T.L.E. grid for Friday

H.U.S.T.L.E. grid for Saturday

H  
O  
M  
E

H.O.M.E. grid for Sunday

H.O.M.E. grid for Monday

H.O.M.E. grid for Tuesday

H.O.M.E. grid for Wednesday

H.O.M.E. grid for Thursday

H.O.M.E. grid for Friday

H.O.M.E. grid for Saturday